

AGENDA

Wednesday, May 5, 2021

9:00 – 9:30 am

Welcome, Updates and Overview

- *Aliya Jones, MD, MBA, Deputy Secretary/Executive Director Behavioral Health Administration, Maryland Department of Health*

9:30 – 11:30 am

Keynote Speaker

- *Dr. Joy DeGruy, PhD, President and Chief Executive Officer Joy DeGruy Publications Inc.*

11:30 - 12:30 pm

Lunch (return to General Session at 12:25)

12:30 – 2:00 pm

Plenary Speaker

- *Juliette McClendon, PhD, Assistant Professor of Psychiatry, Boston University School of Medicine*

2:15 – 3:30 pm

Workshop Sessions (4)

3:30 pm

Adjournment

Evaluation and CEU Instructions:

- Conference evaluations will be completed online (link sent following the conference)
- CEU/COA certificates will be electronically e-mailed once you complete the online evaluation

WORKSHOPS

- 1** Finding Triggers to Joy and Transformation in a Culture of Trauma
Bruce Purnell, PhD, Executive Director, The Love-More Movement, Inc.
We have made great progress in identifying the Triggers to Trauma and Pain, but what about the Triggers to Transformation and Joy?" This transformative session is intentionally designed to equip participants with a framework for tapping into Self-love, Joy, divine gifts and purpose in times where past trauma has caused us to question our value, esteem, efficacy and even a reason for living. This session will allow for a rediscovery of pathways to Peace, Love, Joy, Hope, Purpose, Liberation and Transformation.
- 2** Resilience in the Black/African American Community in the Context of Systemic Racism
Tiffany Beason, PhD, Assistant Professor and Samantha Reaves, PhD, Postdoctoral Fellow, University of Maryland School of Medicine
This workshop will focus on discussing resilience in the Black/African American community in the context of systemic racism. During the presentation the presenters will provide an overview of the current ways in which systemic racism impact youth at different levels of the Bronfenbrenner ecological framework, including impacts of racism at the level of families, neighborhoods, educational and justice systems, etc. Presenters will then provide an overview of the ways in which Black/African American communities have demonstrated resilience in the context of injustice.
- 3** Recognizing and Resisting Discrimination: Behavioral Health in Pregnancy and Postpartum
Mishka Terplan, MD, MPH, Associate Medical Director, Friends Research Institute
We will focus on the intersections of behavioral and reproductive health with particular emphasis on substance use, misuse and addiction in pregnancy and postpartum. We will review the history of drug policy in the US with particular attention on race, gender and reproduction to highlight the unique discriminations that pregnant people who use drugs experience. Finally, we will provide concrete tools to buttress autonomy and re-center on person-centered care.
- 4** Providing Equity-centered Engagement Approaches to Enhance the Mental Health and Well-being of Individuals that have Experienced Racial Inequalities and Health Disparities
Richard A. Rowe, MPH, Lead Project Consultant, Black Mental Health Alliance, Education and Consultation, Inc.
The workshop will explore factors related to the psycho-social and psycho-emotional impact on the mental health and well-being of individuals following adverse experiences with racial inequities and health disparities. A focus will be placed on identifying strategies and interventions needed to support and promote positive mental health outcomes for individuals.